

¹ Therefore,

follow God's example,

as dearly loved children

² and live a life of love,

just as Christ loved us

and gave himself up for us

as a fragrant offering

and sacrifice to God.

My prayer priorities for this week

For personal reflection and prayer

1. What was your first experience of being infatuated? How did it feel? How did it turn out?
2. We are told to "follow God's example" (Ephesians 5:1). Why is it possible for me to follow the One who is infinitely greater than me?
3. We are to follow God's example "as dearly loved children" (Ephesians 5:1). How do children follow an example, in ways that are different from how adults follow? So then, how do I follow God's example as a dearly loved child?
4. We are also told to "live a life of love, just as Christ loved us" (v2). List a few examples of Christ being loving. Then, analyse why those actions can be classified as loving.
5. The ultimate expression of love was Jesus taking our sins on the cross. Explain, in terms that a non-Christian could understand, why the cross is an expression of love.
6. I am told to "live a life of love, just as Christ loved" (Ephesians 5:2). Imagine a friend was telling you how to do just that. What would this friend say to you?