

# Living a worthwhile life

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Ephesians 4:1-7

<sup>1</sup> As a prisoner for the Lord, then, I urge you to live a life worthy of the calling you have received.

**A worthwhile life is my** . . . . .  
Live inwardly with . . . . .  
Live out to the . . . . .  
Live up to the . . . . .

<sup>2</sup> Be completely humble and gentle; be patient, bearing with one another in love.

**A worthwhile life takes** . . . . .  
...requires total . . . . .  
...requires . . . . . with myself

<sup>3</sup> Make every effort to keep the unity of the Spirit through the bond of peace.

...requires . . . . . with others  
...requires . . . . . with believers

<sup>4</sup> There is one body and one Spirit, just as you were called to one hope when you were called;

**A worthwhile life is in** . . . . .  
The . . . . . around me  
The . . . . . before me

<sup>5</sup> one Lord, one faith, one baptism;

The . . . . . around me  
The . . . . . below me

<sup>6</sup> one God and Father of all, who is over all and through all and in all.

The . . . . . within me

**A worthwhile life is** . . . . .  
Together, but . . . . .  
General, but . . . . .  
All by God, but all by . . . . .

<sup>7</sup> But to each one of us grace has been given as Christ apportioned it.

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## My prayer priorities for this week

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### For personal reflection and prayer

1. Note the word "urge" v1. Under what circumstances do you feel a sense of urgency? Why does this feeling drive you to behave differently? If you sensed a real "urge to live a worthy life" what is one thing you would do differently this week?
2. Note the word "calling" v1. List half-a-dozen things that God is calling your life to become. Why do you think God's Word *urges* us to live a worthy life?
3. From v3, why does it take "effort" to maintain "unity" and "peace"? How can we exert "every effort", and what steps can we take to increase the prospects of success?
4. From v4, what are your most desired hopes, and why are they part of "one hope"?
5. From v7, how do little tasks, and big tasks, change when grace is added? What can I do, in the next 24 hours, to add grace to someone's life?