

7 February 2021

Answers to Anxiety

Luke 12:22-31

Know your Luke 12:22-24

Worry the command of Christ. 22 “Do not worry”

Worry the sovereignty of God. 24 “God feeds them”

Worry the children of God. 24 “you are valuable”

Know your Luke 12:25-26

Worry adds nothing to life’s 25 “add a single hour”

Worry adds nothing to life’s 26 “worry about the rest”
“Do not be anxious about anything.” Philippians 4:4-9

Know your Luke 12:27-28

Worry needs an perspective. 27 “consider the flowers”
“The Heavens declare the glory of God” Psalm 19:1-2

Worry needs an perspective. 28 “God clothes the grass”

Worry needs an perspective. 28 “He will clothe you”
“It is your faith that is being tested” James 1:2-3

Know your Luke 12:29-31

. adds to worry. 30 “strive after all these things”

. reduces worry. 31 “seek His Kingdom”

My prayer priorities for the week beginning Sunday 7 February 2021

Today – Sue C and Bill.

Mon – Robert and Dianne C. Church Council.

Tue – Lurline D and Terry. Mary P.

Wed – John and Joy D. Bible Study.

Thur – Rosalie & Jim D. Paula & Paul H.

Fri – Barry and Marion F.

Sat – Mary F. Jean H.

Sun – Helen H and George. Bible Study.

Thought starters for personal reflection or group discussion

1. What do you think are the most frequent causes of worry?
2. Why can worry sometimes be a good thing? If worry can be good, why did Jesus say, “Do not worry” (Luke 12:22, 29)?
3. Jesus also told us to consider the natural environment (v24a, 27a). How do we “consider”; and how does considering reduce worry?
4. Note the contrast in v24. What lesson/s should we learn from that contrast?
5. There is another contrast in v27-28. In what ways is this similar to, and different from the contrast in v24?
6. There is yet another contrast in v30. How does this Divine title help to reduce worry?
7. What are we promised in v31; and how do we access it?

Tithes and offerings (Target: \$2,700 per week)

At the bank, LifeChurch Panania. BSB: 034 866. Account: 005 008 757.

Online, LifeChurch Panania. BSB: 704 922. Account: 005 008 757.

Donations to mission in Myanmar (Target: \$1,000 per month)

Account name: LifeChurch Panania. BSB: 032 260. Account: 422732.