1 August 2021

The best of my life is...

¹ Therefore, since Christ suffered in His body, arm yourselves with the same resolve, because anyone who has suffered in his body is done with sin. ² Consequently, he does not live out his remaining time on earth for human passions, but for the will of God.

³ For you have spent enough time in the past carrying out the same desires as the Gentiles: living in debauchery, lust, drunkenness, orgies, carousing, and detestable idolatry.⁴ Because of this, they consider it strange of you not to plunge with them into the same flood of reckless indiscretion, and they heap abuse on you.

⁵ But they will have to give an account to Him who is ready to judge the living and the dead. ⁶ That is why the gospel was preached even to those who are now dead, so that they might be judged as men in the flesh, but live according to God in the spirit.

1 Peter 4:1-6

The best life is lived in

an direction. v1-2

Inwardly I deal with my

Outwardly I deal with my 1 Thessalonians 5:23. Spirit, soul, body.

How much time have I got left? Ps.39:4, Ps.90:12, Ps.139:16, Prov.10:27, 1 Pet.3:10, Matt.6:27

What is God's will for my life? Psalm 143:10, 2 Peter 3:9, 1 Thessalonians 4:3-8, 1 Thessalonians 5:18, 1 Peter 2:15. Jn 9:1-3, Act 18:21 + Act 16:6, 1 Pet.3:17

The best life is lived in

a **direction**. v3-4

I of my past.

I my future. Pray all the pyramid. Ephesians 1:15-22

The best life is lived in

an direction. v5-6

I live accountable to the Rom.14:12, Jn.5:22,27, Ac.17:31

My prayer priorities for the week beginning Sunday 1 August 2021

- S 1 Ian and Eleanor
- M 2 Val. Joan.
- T 3 Lorraine. Jim.
- W 4 Deirdre. Lyn.
- T 5 Stuart and Kaye
- F 6 Clarence and Irene
- S 7 Sue C and Bill
- S 8 Robert and Dianne

Thought starters for personal reflection or group discussion

- 1. What is the difference between 'Standard of Living' and 'Quality of Life'? What are some helpful hints to increase Quality of Life?
- 2. Read Psalm 139:16. Our days are numbered. Does that mean we should refuse to have life-saving medical treatment?
- 3. How does Proverbs 10:27 enable us to maximise our lifespan; and how does 1 Peter 3:10 improve our quality of life?
- 4. Someone has asked you, "Is it God's will that I live in Panania?" What Scriptures would you use to answer that question?
- 5. Read John 5:27 and Acts 17:31. Why is Jesus the Judge, rather than the Father or the Holy Spirit (both of whom are all-knowing)?
- 6. What brief statement about you would you like to appear on your tombstone?

Tithes and offerings (Target: \$2,700 per week)

At the bank, LifeChurch Panania. BSB: 034 866. Account: 005 008 757. Online, LifeChurch Panania. BSB: 704 922. Account: 005 008 757.

Donations to mission in Myanmar (Target: \$1,000 per month) Account name: LifeChurch Panania. BSB: 032 260. Account: 422732.