

A rolling stone can't get no satisfaction, but I can!

¹⁰ I rejoiced greatly in the Lord that at last you renewed your care for me. Indeed, you did care, but you lacked opportunity to show it.

Contentment comes from 4:10a

Contentment comes from 4:10b

People can be a
Signs of a healthy relationship

¹¹ I am not complaining about having too little. I have learned to be satisfied whatever my circumstances.

People can be a

Contentment comes from 4:11-12

You say, 'If I had a little more, I should be very satisfied.' You make a mistake. If you are not content with what you have, you would not be satisfied if it were doubled.
C H Spurgeon
Contentment is natural wealth, luxury is artificial poverty. Socrates
The greatest wealth is to live content with little. Plato
Scripture is inspired and is useful for: Teaching, Rebuking, Correcting, Training... So God's person can be thoroughly equipped... 2 Timothy 3:16-17

Contentment comes from 4:13

I carry my strength in my LAP-BAG.

¹³ I have strength for all things in the One empowering me.

This week's song selection

Worthy of all praise | Blessed be the name of the Lord | Because He lives | The Lord is the strength of my life | Thank you Lord for my special friends | Amazing grace, my chains are gone | Love incarnate, Love Divine | The battle belongs to the Lord

Thought starters for personal reflection, or group discussion

1. Where were you in 1965 when the Rolling Stones couldn't get no satisfaction?
2. Read Philippians 4:10. How can Paul rejoice "in the Lord" when it was the Philippians who delivered the care parcel?
3. If you were a Philippian reading that verse, would you feel under-valued? Why, or why not?
4. Read Philippians 4:11. How do I "learn" that lesson? Read v12 how can I "understand the secret"?
5. Who is doing the work in: Philippians 2:12-13, Colossians 1:29, and 1 Corinthians 15:10? Explain how that works, in practice.
6. How does the LAP-BAG (Look, Accept, Pray - Believe, Action, Gratitude) model help put faith into action?

Watch it again: www.lifechurchpanania.org [then select Full Screen]
Give: **Name:** LifeChurch Panania, **BSB:** 704 922, **Account:** 005008757