

Finding inner peace

⁸ It comes down to this, brothers and sisters, everything that is true, everything that is honourable, everything that is right, everything that is pure, everything that is lovely, everything that is admirable; if anything is excellent or praiseworthy; keep on thinking about those things.

⁹ Whatever you have learned, or have received, or have heard from me; or have seen in me; keep on putting it into practice, and the God of Peace will be with you.

My focus. 4:8a
The Christian life is so simple that even a can understand it.

My focus. 4:8b
See
The angelic leaders were calling to one another 'Holy, holy, holy is the Lord Almighty; the whole earth is full of his glory.' Isaiah 6:3
See everything from a viewpoint
'I have the right to do anything', you say, but not everything is beneficial. 'I have the right to do anything' but not everything is constructive.
1 Corinthians 10:23

Take every thought captive. 2 Corinthians 10:5
See everything from a viewpoint
The discipline of
The discipline of
Above all, be careful what you think, because your thoughts control your life. Proverbs 4:23

My focus. 4:9
Accept better
Be a better
Practice better
Be transformed by the renewing of your mind.
Reap better

My prayer priorities, 19 August 2018

This week's song selection

Stand up and bless the Lord you God | Holy Holy Holy is the Lord God Almighty | God of wonders beyond our galaxy | The highest praise is more than spoken words | This is my Father's world | I love You Lord, my Shepherd King | El Shaddai | Shine like the stars in the dark sky

Thought starters for personal reflection, or group discussion

1. There are 8 virtues mentioned in Philippians 4:8. Write a brief definition of each.
2. What word seems to be most prominent in that verse? Is it possible to have virtues in a non-religious context? Why or why not?
3. List some advantages of limiting your thoughts to these virtues.
4. How can you "keep on thinking about those virtues" in a broken world with so many un-lovely demands?
5. In v9 Paul offers himself as a role model of Godliness. What is one thing you would like to change about yourself so that you could promote yourself as a similar role model?
6. The Bible tells us many of the names and titles of God. What do you appreciate about the title "God of Peace"? What is one other title that strikes a chord with you?

Watch it again: www.lifechurchpanania.org [then select Full Screen]
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