Encouragement in difficult times Psalm 103:1-5,20-22 is a coronavirus? Coronaviruses are a large family of viruses that can cause illnesses ranging widely in severity. does coronavirus come from? From civits (2003), camels (2012), bats? or other people is there a coronavirus? Because you ate fruit from the tree about which I commanded you, 'You must not eat from it,' the environment is cursed, because of you. Through painful toil you will extract your living from it all the days of your life. But it will produce thorns and thistles against you. Gen.3:17-18 is the future of coronavirus? You will always have the poor among you, and you can help them whenever you want to. Mark 14:7 Within everything, give thanks – because this is God's will for you. 1 Thess.5:18 We have strict controls in place | Containment measures are working | Health care system, & dedicated workers I, my family, friends, and church, will have the wisdom to stay safe Front-line workers will be kept safe | Patience through difficult times | Freedom from anger and anxiety | Wise choices by our leaders | Recognise opportunities to share the Gospel

God is...

We are...

Thought starters for personal reflection or phone conversations

- 1. Imagine a friend of yours has been very unwell. She/he wants your advice for how they recover, but not just a physical recovery. What suggestions would you offer?
- 2. Why doesn't God stop nice people from getting sick (along with stopping other bad things happening to good people, like me)?
- 3. Churches have been closed. Why could this be the best thing that has happened to the church in the last 500 years?
- 4. Psalm 103 is all about praising God. How can we possibly praise God when the whole world is in lock-down?
- 5. 1 Thessalonians 5:18 instructs me to give thanks within all circumstances. Why is that good for me?

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