

7 September 2025

Overcoming anxiety

Therefore, do not worry... v25

...your Heavenly Father... v26

Therefore, do not worry... v28

...your Heavenly Father... v31

Therefore, do not worry... v32 Matthew 6:25-34

Worry means...

Why I worry...

We are by our Heavenly Father. 6:25-27

Worry is 25

2 Corinthians 12:9, My grace...

Learn from 26

A theology of

We are for by our Heavenly Father. 6:28-30

Do not seek what is 30a

Philippians 4:19, My God will...

Do seek what provides. 30b

1 Thessalonians 5:16-18, This is God's will for you

A theology of

We are by our Heavenly Father. 6:31-34

Our Father knows what we need to 32

Romans 8:32, He did not spare...

Our Father knows what we need to 33

A theology of

My prayer priorities for this week

S 7 Lurline & Terry

M 8 Jim & Rosalie

T 9 Ian & Eleanor

W 10 Jake & Simone, Olivia

T 11 Jean H

F 12 May. Taina

S 13 Aida, Axel

S 14 Paula & Paul

Thought starters for personal reflection or group discussion.

1. Worry is a continuum. List some synonyms and rate them from 'no problems' to 'catastrophe'.
2. What sorts of things cause us to worry?
3. Can worry ever be good?
4. When does worry pass from 'normal' to 'bad'?
5. Read Matthew 6:25-27. What steps are we responsible to take to overcome worry?
6. Explain the command and the promise of Matthew 6:33.

Tithes and offerings (Target: \$2,700 per week)

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Online, LifeChurch Panania. BSB: 704 922. Account: 005 008 757.

Donations to mission in Myanmar (Target: \$1,000 per month)

Account name: LifeChurch Panania. BSB: 032 260. Account: 422732.