

## Lessons to learn in the storms of life

<sup>4</sup>Then the LORD hurled a great wind upon the sea, and such a violent storm arose that the ship was in danger of breaking apart. <sup>5</sup>The sailors were afraid, and each cried out to his own god. And they threw the ship's cargo into the sea to lighten the load. But Jonah had gone down to the lowest part of the vessel, where he lay down and fell into a deep sleep.

<sup>6</sup>The captain approached him and said, "How can you sleep? Get up and call upon your God. Perhaps this God will consider us, so that we may not perish."

Jonah 1:4-6

**When I learn from *creation*,**  
**the lesson is** ..... 4a

Psalm 19:1-4 'The heavens declare...'

**When I learn from *disasters*,**  
**the lesson is** ..... 4b

Genesis 3:17 '...cursed because of you'

**When I learn from *religion*,**  
**the lesson is God's** ..... 5a

Isaiah 44:6 'Beside Me there is no god'

**When I learn from *possessions*,**  
**the lesson is** ..... 5b

1 Peter 4:10 '...good stewards of God's grace'

**When I learn from *conscience*,**  
**the lesson is** ..... 5c

Romans 2:15 'conscience accuse or excuse'

**When I learn from *people*,**  
**the lesson is** ..... 6a

'one another'

**When I learn from *prayer*,**  
**the lesson is** ..... 6b

Philippians 4:6-7 'Pray, and the God of peace...'

## My prayer priorities for this week

S 11 Marina G. Jean H.

M 12 Our internet viewers, Church Council

T 13 Manny & Sam, Asher, Austin

W 14 Paula & Paul, Deeper at Diggers

T 15 Tony & Diane

F 16 Joan J. Lyn K

S 17 Elsie & Bert

S 18 Karen & Hung, Deeper after church

## Thought starters for personal reflection or group discussion

1. Why do people remember lessons learned through hard times, more than lessons learned the easy way?
2. Read Psalm 19:1-4. The heavens cannot speak, yet they declare the glory of God. What specifically are they saying about God?
3. Since God loves everyone, why doesn't everyone get it easy? Since God loves everyone, why would He cause a violent storm, v4?
4. The sailors each called on their own god, v5a. What are today's common gods, and how do people call on them?
5. Look at the end of v5. List reasons why some people can be relaxed while people around them are in panic mode.
6. "When in a fix..." Read Philippians 4:4-9. What precedes freedom from anxiety, v4-5? How do we live free from anxiety, v8-9?

## Tithes and offerings (Target: \$2,700 per week)

At the bank, LifeChurch Panania. BSB: 034 866. Account: 005 008 757.

Online, LifeChurch Panania. BSB: 704 922. Account: 005 008 757.

## Donations to mission in Myanmar (Target: \$1,000 per month)

Account name: LifeChurch Panania. BSB: 032 260. Account: 422732.