15 November 2026

This is the abundant life

[1] Do you not know, brothers and sisters (for I am speaking to those who know the law), that the law has authority over a man only as long as he lives?

[2] For instance, a married woman is bound by law to her husband as long as he lives. But if her husband dies, she is released from the law of marriage. [3] So then, if she is joined to another man while her husband is still alive, she is called an adulteress; but if her husband dies, she is free from that law and is not an adulteress, even if she marries another man.

[4] Therefore, my brothers, you also died to the law through the body of Christ, that you might belong to another, to Him who was raised from the dead, in order that we might bear fruit to God. [5] For when we lived according to the flesh, the sinful passions aroused by the law were at work in our bodies, bearing fruit for death. [6] But now, having died to what bound us, we have been released from the law, so that we serve in the new way of the Spirit, and not in the old way of the written code.

Romans 7:1-6

John 10:10, I came so that you could…

. . . . . **of the abundant life**. 1-3

Your old life . . . . . to be abundant. 1-2
Leviticus 18:5, Keep My decrees…
Galatians 3:24-25, Now that faith…

Your new life is . . . . . to be abundant. 3
Matthew 22:29-30, marriage in Heaven
Romans 6:6-7, crucified with Christ

. . . . . **to the abundant life**. 7:4

I need a . . . . . Saviour. 4a
Romans 6:23, the wages… but…
2 Corinthians 5:21, God made… so…

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I need a . . . . . Master. 4b
Acts 2:24, It was impossible…
Romans 6:4, we make walk…

. . . . . **of the abundant life**. 5-6

. . . . . makes life abundant. 4
John 15:16, fruit that will…
Colossians 1:10, growing in…

. . . . . makes life abundant. 6
Galatians 5:25, Let us walk…

My prayer priorities for this week

S 15 Diane J
M 16 Joan J
T 17 Lyn K
W 18 Elsie & Bert. **Go deeper**
T 19 Our political leaders of all parties
F 20 Karen & Hung
S 21 Vi-Lay L
S 22 Jake & Simone, Olivia. **Go deeper**

Thought starters for personal reflection or group discussion

1. What was a rule that was applied when you were a child? Do you still apply that rule now you are an adult? Why, or why not?
2. Why do you think Romans 7:2-3 uses ending a marriage by death, rather than by divorce, as the way of describing our relationship with the Old Testament?
3. “You also died to the Law through the body of Christ” v4a. Why is it significant that Christ’s death was not just something done for you, but something you participated in?
4. We "belong to another, to Him who was raised from the dead" v4. How does belonging to a risen Person feel different from belonging to a set of written rules?
5. The goal of our union with Christ is that we might "bear fruit for God" v4b. How do we become fruitful?
6. We have been "released from the law" v6a. How do we guard against treating spiritual freedom as an excuse to ignore God's heart?
7. Does “serving in the new way of the Spirit” v6 mean we will always be energetic, joyful, and productive? Why, or why not?

Tithes and offerings (Target: $2,700 per week)
At the bank, LifeChurch Panania. BSB: 034 866. Account: 005 008 757.
Online, LifeChurch Panania. BSB: 704 922. Account: 005 008 757.
Donations to mission in Myanmar (Target: $1,000 per month)
Account name: LifeChurch Panania. BSB: 032 260. Account: 422732.