

Look what I hold in my hand

1. What is in my is important to the world. Mark 7:1-5

"...live according to the " = Peer pressure, culture, common practice, everyone does it, nothing seems to be wrong with it.

Satan is the (Revelation 12:10)
Whatever happens, conduct yourselves in a manner of the Gospel. (Philippians 1:27)
Do not conform to the patten of this world but be transformed by the renewing of your (Romans 12:2)

2. What is in my is important to the Lord. Mark 7:6-7

Traditions can overwhelm eg. Christmas, Easter, etc.

3. What I hold is important for my Mark 7:8

Which is the greatest commandment? Love the Lord your God with all your heart, and all your soul, and all your mind, and all your strength. Mk.12:28

Love is the best for the other person, no matter what the cost.

Heart

Soul

Mind

Strength

The 5 Love Languages to love God

Words

Gits

Touch

Acts of Service

Quality Time

This week I really need to be praying for...

Discussion starters. There are no wrong answers. (Yippee!)

1. When you were a child, what traditions did your family practice? When you became an adult, what traditions did your family practice? What makes traditions either good or bad?
2. In what ways does the world try to squeeze us into conforming with everyone else? Which methods do you think are most successful in getting most people to conform? What makes people want to conform?
3. The world; workplace; law; school; etc. judge us by our behaviour. Why is that a good way to judge?
4. God's judgement goes further. Read Matthew 5:21-22, 27-28, 43-44. In these verses, what was the old way of judgement, and how does Jesus raise the bar? Why do you think Jesus is more demanding than the law?
5. Read Philippians 1:27. Make a short list of ways in which that command could be obeyed. Why is this command both easier and harder than a list of Do and Don't commands? How can I know if I am successful in fulfilling this command?
6. What will my behaviour look like when I love God with a) all my heart; b) all my soul; c) all my mind; and d) all my strength? In Mark 12:30 the words "...and with all your..." are repeated. What message does that send to you?
7. Can you name the 5 Love Languages? When you say 'Thank you' which of those languages are you most likely, or least likely, to use? When you tell God you love Him, which of those languages are you most comfortable using? What are the top 3 things for which you are most thankful to God? Turn that list into a prayer.