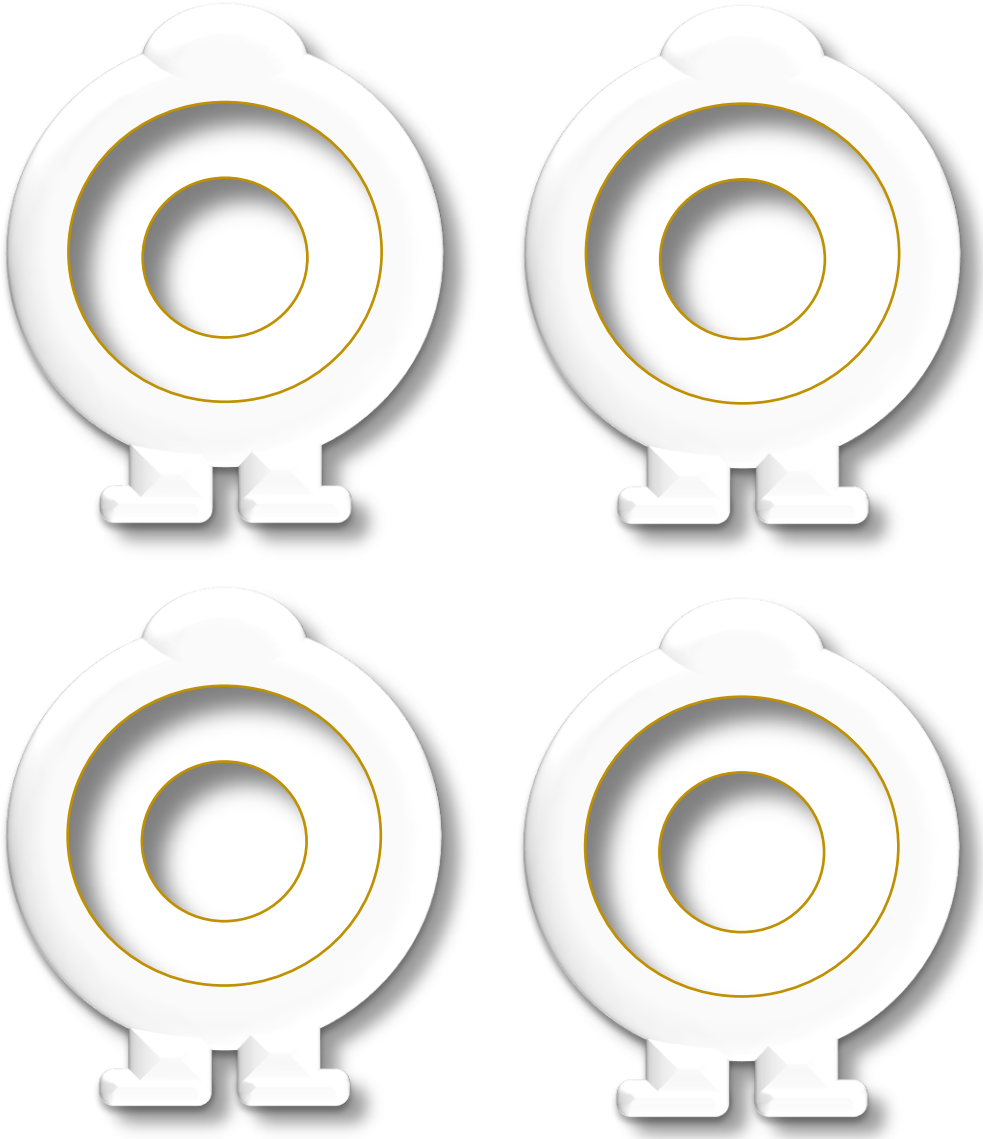
29 November 2026

A fight I cannot win

Romans 7:13-25



My prayer priorities for this week

S 29	Steve & Jenni
M 30	Clyde & Connie
T 1	Future of our church
W 2	Stuart & Kaye
T 3	Clarence & Irene
F 4	Lerida C
S 5	Robert & Dianne
S 6	Bunnings contacts

Thought starters for personal reflection or group discussion

1. Why do you think the good intensions and sheer willpower of New Year's resolutions quietly fizzle out relatively quickly?
2. Have you ever said or done something and immediately thought, "Why did I just do that?" How does the honesty of v15 challenge the idea that mature Christians never struggle with sin?
3. Why does the Old Testament say, “Thou shalt…” and “Thou shalt not…” when those rules cannot save us?
4. Note the cry, "What a wretch I am!" v24. Why is reaching a place of total honesty about our spiritual weakness actually a healthy turning point rather than a dead end?
5. The question is, "Who will rescue me?" v24 rather than "What method will fix me?" How does shifting our focus from self-improvement to a Rescuer change the way we face our struggles?
6. If a younger believer came to you, discouraged because they keep stumbling in the same area, how could you use this Scripture to encourage them?

Tithes and offerings (Target: $2,700 per week)
At the bank, LifeChurch Panania. BSB: 034 866. Account: 005 008 757.
Online, LifeChurch Panania. BSB: 704 922. Account: 005 008 757.
Donations to mission in Myanmar (Target: $1,000 per month)
Account name: LifeChurch Panania. BSB: 032 260. Account: 422732.