

## What am I doing on my knees?

<sup>39</sup>Jesus went out as usual to the Mount of Olives, and the disciples followed Him.

<sup>40</sup>When He came to the place, He told them, “Pray that you will not enter into temptation.”

<sup>41</sup>And He withdrew about a stone’s throw beyond them, where He knelt down and prayed, <sup>42</sup>“Father, if You are willing, take this cup from Me. Yet not My will, but Yours be done.”

<sup>43</sup>Then an angel from heaven appeared to Him and strengthened Him.

<sup>44</sup>And in His anguish, He prayed more earnestly, and His sweat became like drops of blood falling to the ground.

<sup>45</sup>When Jesus rose from prayer and returned to the disciples, He found them asleep. Exhausted from sorrow, <sup>46</sup>He asked, “Why are you sleeping? Get up and pray so that you will not enter into temptation.”

Luke 22:39-46

**I am building** . . . . . v39-40

Prayer requires . . . . .  
Lk.3:21, Mk.1:35, Lk.5:16, Lk.6:12

Prayer requires . . . . .  
How can I pray to avoid temptation?

- 1.
- 2.
- 3.

**I am building** . . . . . v41-44

Pray for the Father’s . . . . .  
2 Pet.3:9  
1 The.4:3-8  
1 Pet.2:15  
1 The.5:18  
Pray with angelic . . . . .  
Matt.8:16-17, Heb.5:7, Mk.10:45, Jn.12:27

**I am building** . . . . . v45-46

Pray for . . . . .  
Pray for . . . . .

## My prayer priorities for this week

- S 27 Ray & Helen, cross-cultural missions
- M 28 Geoff & Joy
- T 29 Steve & Jenni
- W 30 Oldies and shut-ins, Farewell to Val
- T 31 Moses & Sharon, Elizabeth, Ruth, Joseph
- F 1 Val A. Lorraine B
- S 2 Stuart & Kaye
- S 3 Clarence & Irene

## Thought starters for personal reflection or group discussion

1. When you know, you will have to face a difficult task, or a difficult person, what emotions do you feel?
2. Jesus did not want His life cut short, even by a few hours. What suggestions would you give to yourself, to stay strong?
3. “You will never change your life until you change something you do every day.” Why are habits build on small, rather than big, actions?
4. Prayer requires 3 keys: Thanks, Humility, Kingdom focus. In what ways are each of these 3 important?
5. God’s will for my life is: 2 Pet.3:9, 1 Thess.4:3-8, 1 Pet.2:15, and 1 Thess.5:18. What is God’s will for my life; and how do these priorities cover all circumstances?
6. Should I spend more time praying for others, or for myself?

## Tithes and offerings (Target: \$2,700 per week)

At the bank, LifeChurch Panania. BSB: 034 866. Account: 005 008 757.  
Online, LifeChurch Panania. BSB: 704 922. Account: 005 008 757.

## Donations to mission in Myanmar (Target: \$1,000 per month)

Account name: LifeChurch Panania. BSB: 032 260. Account: 422732.