

<sup>21</sup> Submit to one another out of reverence for Christ.

<sup>22</sup> Wives, submit yourselves to your own husbands as you do to the Lord. <sup>23</sup> For the husband is the head of the wife as Christ is the head of the church, his body, of which he is the Saviour. <sup>24</sup> Now as the church submits to Christ, so also wives should submit to their husbands in everything.

<sup>25</sup> Husbands, love your wives, just as Christ loved the church and gave himself up for her <sup>26</sup> **to make her holy**, cleansing her by the washing with water through the word, <sup>27</sup> and to present her to himself as a radiant church, without stain or wrinkle or any other blemish, but **holy** and blameless. <sup>28</sup> In this same way, husbands ought to love their wives as their own bodies. He who loves his wife loves himself. <sup>29</sup> After all, no one ever hated their own body, but they feed and care for their body, just as Christ does the church – <sup>30</sup> for we are members of his body. <sup>31</sup> 'For this reason a man will leave his father and mother and be united to his wife, and the two will become one flesh.' <sup>32</sup> This is a profound mystery – but I am talking about Christ and the church. <sup>33</sup> However, each one of you also must love his wife as he loves himself, and the wife must respect her husband.

**1. Love's** ..... 5:21  
Philippians 2:3-8, Hebrews 10:24  
Submission is support, not servitude  
Principle: .....

**2. Love's** ..... 5:22-24  
Philippians 2:8-9  
If there is no humility, there can be no headship  
Position: .....

**3. Love's** ..... 5:25  
Practice: .....

**4. Love's** ..... 5:26-27  
The purpose of marriage is not happiness but holiness  
Marriage doesn't make you happy. You make marriage happy  
Purpose: .....

**5. Love's** ..... 5:28-30  
Love languages: words of affirmation; gifts of generosity; touch of assurance; acts of service; time together.  
Process: .....

**5. Love's** ..... 5:31-33  
Prototype: .....

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### My prayer priorities for this week

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#### For personal reflection and discussion starters

1. Read Ephesians 5:21. What are some advantages of beginning a discussion on marriage with a command for mutual submission?
2. The sermon said, "Submission is support, not servitude." What advice would you give to a wife; and what advice would you give to a husband, to help them apply this definition of submission?
3. Read Ephesians 5:23 noting the importance of the word "as". Also read Ephesians 5:25 noting the words "just as". Then read Philippians 2:6-8. How did Christ demonstrate His headship and His love? What advice would you give to a husband who wanted to love his wife?
4. From Ephesians 5:26-27 what is the purpose of marriage? What do you think are the top priorities for increasing holiness? From that list, which one do you and the Lord need to work on, together?
5. Read Ephesians 5:29-30. List some ways by which Christ "feeds and cares for" you. What benefits do you gain from His nurture?
6. The 5 Love Languages are listed overleaf. What are some ways by which God expresses each of those 5? Which of those 5 are your own primary language for expressing your love for Jesus?